



#### GATOR RUN: 1.25 MILES

- 5 LAP RUN IN 20 MINUTES.
- P.E. COACHES HAND OUT A COLORED STICK FOR A COMPLETED LAP.
- EACH STICK IS WORTH 20 POINTS AND THIS TEST IS DONE WEEKLY.
- COACH V's 4<sup>TH</sup> PERIOD CLASS 2012