



Coach V's 4<sup>th</sup> period class

### Cone-ball

- Teacher will discuss dodge ball/cone-ball rules and designate home and visitor team. Scoring will be placed on the scoreboard.
- Time will be kept on the scoreboard (5min games).
- Note: this is a throwing, catching, and dodging game; and the emphasis is knocking down the 3 cones.
- Team that knocks down the most cones wins: tiebreakers go to the team that has the most players still on the court.
- This activity can be done as a whole group lesson. If this activity is done as a 3 week tournament unit; follow the tournament guide listed on the tournament structure link.